

The Relational Life Institute is pleased to offer:

TITLE: *RLT Sessions Over Time*

Relational Life Institute (RLI) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7495. Programs that do not qualify for NBCC credit are clearly identified. Relational Life Institute (RLI) is solely responsible for all aspects of the programs.



ACEP No. 7495

FORMAT: SEVEN Online Classes facilitated by Terry Real, LICSW

Continuing Ed credits offered: 10.5 credit hours for an additional \$40 fee and with Enrollment due for the first class on May 15, 2025.

When: First call May 15th @ 12pm ET until June 26th, every Thursday (All dates below)

Live Sessions: Seven 90-minute Zoom calls with Terry Real, LICSW

Location: Online, hosted by the Relational Life Institute

TO REGISTER: <http://relationallife.com/sessions-over-time>

Content:

This online and LIVE training program for intermediate level professionals, offers licensed mental health professionals a rare opportunity to observe six real-life couple therapy sessions facilitated by renowned therapist and RLT founder, Terry Real.

Designed for both returning learners and those new to Relational Life Therapy (RLT), the course revisits an ongoing case study one year after initial treatment, demonstrating long-term integration, relational repair, and advanced interventions.

Each module includes a 50-minute recorded session followed by a debrief of the session content and RLT techniques used each class; followed by live 30-minute Q&A with Terry Real, emphasizing clinical insight, therapist embodiment, and applied RLT techniques.

Participants leave with greater confidence in navigating couples' most painful challenges—including betrayal, shutdown, and coercive dynamics—using the RLT method. They will also have a visceral understanding of what *real relational transformation* looks like over time.

Learning Objectives: At the completion of this course, participants can expect to:

1. Identify two key RLT techniques used during the course of initial treatment.
2. Explain why empowering the latent partner is essential in finding leverage.
3. Apply the RLT lens of stance, stance, dance to identify a couple's dysfunctional pattern.
4. Describe how to "Join Through The Truth" to effectively confront and engage grandiose partners.
5. Identify the therapist's role in supporting each partner's agency while maintaining connection.
6. Identify RLT tools to address issues of historic sexual trauma.
7. Recognize the importance of continued application of relational skills in sustaining a relationship beyond therapy.

Throughout the course, you'll learn:

- Clear modeling of RLT techniques in action.
- Reinforcement of therapist stance and language.
- Case-based integration strategies.
- Peer and expert discussion for live reflection.
- Continued connection to Terry Real and RLT faculty for further learning.

Course Agenda is available [HERE](#)

Target Audience: Social Workers, MFTs, Counselors, Substance Abuse Counselors, Nurses, and LMHCs, LMFT's, Educators, Chemical Dependency Counselors

Course Content Level: The course content is appropriate for Intermediate level clinicians.

Cost: \$395.00

Course Dates & Hours: 12pm to 1:30pm Eastern Time on these dates:
May 15, 22, 29; June 5, 12, 19, 26, 2025

CE Certificates: To receive a certificate, you must attend the full seven classes in their entirety, no exceptions. There is no partial credit, attendance will be taken.

Cancellation Policy: You may request a refund until May 20, 2025.
Please contact support@terryreal.com if you wish to cancel your purchase.

If you need special accommodations or have questions, please contact us.

Registering for the course on the RLI website for is required to receive a Continuing Ed Certificate.

FAQ's

How do I receive the Zoom link?

The Zoom link is emailed to you from ZOOM when you register for the course. If you do not receive the link, please contact us at support@terryreal.com

Should the name you register with match your Zoom name?

Yes, your first and last both names must be entered on your registration and then displayed on the screen during all classes. Please do not use nicknames, or employee ID numbers or log into Zoom using a co-worker or family member's Zoom Account as this will post you as ABSENT.

When will I get my certificate?

Certificates will be available within 30 days of the event. Attendance must be verified. Certificates will be emailed to the email address you used to register for the course.

Please contact our Support team if you have any questions support@terryreal.com

Instructor's Bios:

Terry Real, LICSW

Terry Real is an internationally recognized family therapist, speaker, and best-selling author committed to helping you build the lasting, loving relationships you deserve. The author of four books, including the recent New York Times bestseller *Us: Getting Past You and Me to Build a More Loving Relationship*, Terry knows how to lead people on a step-by-step journey to greater intimacy and personal fulfillment. His revolutionary approach to couples therapy, Relational Life Therapy (RLT), underpins all his books, courses, and teachings. RLT equips people with the powerful relational skills they need to make love work and cultivate authentic connections—to themselves, each other, and the planet as a whole.

To bring the remarkable results of RLT to as many people as possible, Terry established his Relational Life Institute. To date, thousands of mental health practitioners have benefited from a whole new perspective on couples therapy that has transformed their clients, their practice, and their own relationships.

CONFLICT of Interest: There is no known conflict of interest or commercial support for this event.

Grievance Procedure:

If a student believes they have been discriminated against, they can submit a written complaint that includes their name, address, phone number, location, date, and a detailed description of the issue. If a student with a disability disagrees with the accommodation provided or has any other grievances; they can schedule a meeting to discuss and attempt to find a solution together. If the student is still not satisfied with the accommodation after further discussion, they can contact the Operations Director for the Relational Life Institute (RLI), Lisa Sullivan, via phone, email, or mail. If the grievance cannot be resolved, the complainant will be advised to contact the appropriate Ethics Committee or Licensing Board. The Operations Director will keep all grievances and their resolutions confidential in locked files. A copy of this Grievance Procedure is available upon request.

Contact information: ACEP Administrator & Operations Director for Relational Life Institute (RLI), Lisa Sullivan follows: 291 Nahanton Street, Newton, MA 02459; 617-861-3030 lisa@relationallife.com