

The Relational Life LEVEL 3 TRAINING

Taught by: **Terry Real, LICSW**

Approved for 12 CEs for Advanced Mental Health Professionals

*Please note that CEs are an additional cost of \$40 and can be purchased at **the end of the program**. Evaluations and Certificates are available online following course completion at www.ceuregistration.com It is the participant's responsibility to check if their state is approved for CEs through the Specific CE Information below. No refunds will be given on CE purchases for failure to check state approval.*

LINK TO PURCHASE:

<https://www.academeca.com/CEUReg/SeminarInfo.aspx?seminarId=4728>

Target Audience

Social Workers, MFTs, Counselors, Substance Abuse Counselors, Nurses, and LMHCs, LMFT's, Educators, Chemical Dependency Counselors

Course Content Level

The course content is appropriate for Advanced level clinicians.

COURSE DESCRIPTION:

This is an advanced training for RLT clinicians who have completed our Level 1 and Level 2 trainings. In this hybrid course, Terry will guide participants through a combination of lecture, video presentation, discussion, role plays, and a LIVE demonstration of RLT Couples therapy, in order to ground theory in practice.

During this course, you will have a chance to observe and then practice the more advanced techniques of RLT as well as drilling down into the nuts and bolts of how to empower the latent and, most importantly, reconnect the blatant. We will focus on the art of therapeutic coaching and mentoring clients into relationality.

Participants will learn:

- Joining through the truth
- What is relationality, what is self esteem?
- What is real intimacy?
- Triggering, types of leverage, relational reckoning
- Taking a fixed position
- Identifying reacting and modeling behaviors
- Using skill transference, relational jujitsu
- Constructing empowering reframes
- RLT Stances, amplifying progress and dealing with resistance
- Blocking and repositioning

This training has been designed for the helping professional to achieve a more advanced level of competency in the clinical practice of RLT.

Course Objectives

Participants will be able to:

- Practice ways to increase skill in working with family of origin issues.
- Construct empowering reframes.
- Demonstrate blocking and repositioning.
- Analyze and articulate the couple's choreography, their dynamic, (Eg. The more she pursues, the more he withdraws.)
- Integrate Attachment Theory into RLT.
- Identify and work on your "edges" as an RLT therapist.
- Interpret the tri part system of the psyche: wise adult, adaptive child, wounded child.
- Measure the neurobiological underpinnings of trauma adaptation and recovery.
- Utilize their clients relationships as crucibles for their own transformation.
- Explain to your clients how to use the relational map and tool kit, a relational technology, that has the power to deliver on our new

romantic ambitions.

AGENDA DETAILS

This is a HYBRID course. Some modules of study are to be completed on your own time in addition to the 5.5 hours LIVE instruction. See Agenda and dates below.

RECORDED SESSIONS/STUDENTS COMPLETE ON OWN TIME:
(approximately 70 minutes per Module)

- 1 The Ecological Perspective of RLT
- 2 Highlights of RLT Phase 1 and 2
- 3 Family of Origin Work
- 4 The third phase of RLT
- 5 RLT Stances

TOTAL time for all 5 modules is 5 hours 50 minutes

LIVE SESSIONS with Terry Real:

July 25, 2022 from 12-1:30pm Eastern Time
1.5 LIVE Session with Terry Real

TOPIC: The RLT Ecological Perspective:

Terry discusses the ecological and spiritual pillars of RLT and addresses questions such as:

- “What is relationality?”
- “What is intimacy?”
- “What is self-esteem?”

July 26, 2022 from 3-5:45pm Eastern Time
2.5 LIVE Session with Terry Real including 15 minute break from 4:45pm to 5pm ET. (FEATURING LIVE COUPLES SESSION)

TOPIC: Highlights of Phases 1 & 2 of RLT

Terry reviews the following:

- circular questioning
- mutual triggering
- kinds of leverage
- relational power
- relational grief
- relational reckoning

July 27, 2022 from 12-1:30pm Eastern Time

1.5 LIVE Session with Terry Real

TOPIC: Family of Origin Work

Terry will be teaching students to:

- understand the trauma grid
- rituals
- keeping spiritual company in greater depth
- to identify reacting and modeling behaviors

TOTAL Time for LIVE sessions: 5.5 hours

Presenter Bio

Terry Real:

Terry Real is the bestselling author of *I Don't Want to Talk About It: Overcoming the Secret Legacy of Male Depression*, the straight-talking *How Can I Get Through to You? Reconnecting Men and Women*, and most recently *The New Rules of Marriage: What You Need to Make Love Work*.

He founded the Relational Life Institute, offering workshops for couples, individuals, and parents as well as a professional training program for clinicians. Terry's work, with its rigorous commonsense approach, speaks to both men and women. A proponent of "full-throttle marriage," Terry has been called "the most innovative voice in thinking about and treating men and their relationships in the world today."

Cost

This course is \$550.

Policies

For questions or concerns, please send an email to support@terryreal.com

Commercial Support Disclaimer

There is no conflict of interest for this program.

Cancellation Policy

You may request a refund up to 2 days after the first live call. Please contact support@terryreal.com if you wish to cancel your purchase.

Satisfactory Completion

Participants must have paid course fee plus the \$40 fee to purchase CE certificate (payable to R. Cassidy Seminars), verified identity by checking checkbox on verification webpage, completed evaluation. Failure to complete and submit these materials will result in forfeiture of credit for the entire course. No exceptions will be made. Partial credit is not available. Details to collect the CE's and purchase them for \$40 will be offered to at the completion of this course.

- Certificates are available following course completion at www.ceuregistration.com

Specific CE Information

Cosponsored by R. Cassidy Seminars, P.O. Box 14473, Santa Rosa, CA 95405

Satisfactory Completion - Live Interactive Webinar

Participants must have paid tuition fee, logged in and out each day, attended the entire webinar, and completed an evaluation to receive a certificate. Failure to log in or out will result in forfeiture of credit for the entire course. No exceptions will be made. Partial credit is not available. Links to evaluations and certificates will be emailed and also available following course completion at www.ceuregistration.com

Psychologists

R. Cassidy Seminars is approved by the American Psychological Association to sponsor continuing education for psychologists. R. Cassidy Seminars maintains responsibility for this program and its content. **12** CE hours

NY: R. Cassidy Seminars is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0018. **12** contact hours. Live online.

Psychoanalysts

NY: R. Cassidy Seminars is recognized by the New York State Education

Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0005. (12) clock hours. Live online.

Social Workers

Other States: Most states accept continuing education courses offered by either CE Sponsors for APA, (which R. Cassidy Seminars is) or will accept the approval of other state licensing boards of the same license type. Some states, either do not require pre-approval of courses, or will allow licensees to retroactively file for course approval themselves. Check with your board to obtain a final ruling.

IL-SWs: Illinois Dept of Professional Regulation, Approved Continuing Education Sponsor, #159.000782. (12) hours.

NY: R. Cassidy Seminars is recognized by the New York State Education Department's State Board for Social Work as an approved provider (#0006) of continuing education for licensed social workers. This program is approved for 12 contact hours Live online.

OH: Provider approved by the Ohio Counselor, Social Worker and Marriage and Family Therapist Board for (12) clock hours, #RCST110701

Counselors/Marriage and Family Therapists

Other States: Most states accept continuing education courses offered by either CE Sponsors for APA, (which R. Cassidy Seminars is) or will accept the approval of other state licensing boards of the same license type. Some states, either do not require pre-approval of courses, or will allow licensees to retroactively file for course approval themselves. Check with your board to obtain a final ruling.

IL-MFTs: Illinois Dept of Professional Regulation, Approved Continuing Education Sponsor, #168-000141. (12) hours.

NY-LMHCs: R. Cassidy Seminars is recognized by the New York State Education Department's State Board of Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0015. (12) contact hours. Live online.

NY-LMFTs: R. Cassidy Seminars is recognized by the New York State Education Department's State Board of Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0011. (12) contact hours. Live online.

OH: Provider approved by the Ohio Counselor, Social Worker and Marriage and Family Therapist Board for (12) clock hours, #RCST110701

TX: Approved CE Sponsor through the Texas State Board of Examiners of Marriage & Family Therapists. Provider #151 12 CE hours.

Creative Arts Therapists

NY: R. Cassidy Seminars is recognized by the New York State Education Department's State Board of Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists, #CAT-0005. **(12)** contact hours. Live online.

Chemical Dependency Counselors

CA: Provider approved by CCAPP, Provider #4N-00-434-0224 for **(12)** CEHs. CCAPP is an ICRC member which has reciprocity with most ICRC member states

TX: Provider approved by the TCBAP Standards Committee, Provider No. 1749-06, **(12)** hours general. Expires 3/31/2022. Complaints about provider or workshop content may be directed to the TCBAP Standards Committee, 1005 Congress Avenue, Ste. 460, Austin, Texas 78701, Fax Number (512) 476-7297.

Educators

TX: R. Cassidy Seminars is an approved provider with the Texas Education Agency CPE# 501456. This course is **(12)** CE Hours.

Nurses

CA: Provider approved by the CA Board of Registered Nursing, Provider #CeP12224, for **(12)** contact hours

Disability Access - If you require ADA accommodations please contact our office 30 days Or more before the event. We cannot ensure accommodations without adequate prior notification.

Please Note: Licensing Boards change regulations often And while we attempt to stay abreast of their most recent changes, if you have questions Or concerns about this course meeting your specific board's approval, we recommend you contact your board directly to obtain a ruling.